

Staying connected

- updates, latest blogs, opportunities
and support from the Academy team

Edition 7, 31st July

Updates from the team

"Hello" from Solent Knowledge Specialist, Kerry Flett



Hi everyone! My name is Kerry, and I am the new Knowledge Specialist for Solent NHS Trust.

My role is as a specialist librarian who connects people in the trust to the evidence they need, whether that's reports, statistics or journal articles. There are three main ways of doing that: firstly, I'll soon be running training for people who want to learn how to run more complicated searches for themselves. I'll also be carrying out searches on request to support treatment options and improving services.

Finally, I will be working on making sure electronic resources are available to staff in the Trust so that the latest evidence is really accessible, and easy to use to improve patient care. If you see me on any video meetings, I'll be the Scottish person with the glasses.

Stay connected zoom catch-up

In order to offer our community more opportunity to join in with our 'Stay Connected' Zoom calls, we will now be holding them on different days of the week, so you can choose a day that works best for you.

These calls are a chance for us to have a social catch-up and we encourage you to join us as we reconnect with each other. We will send out an email reminder before the call, so please drop us an email and let us know which of the following dates works best for you:

Friday 7th August 2020, 1pm - Rachael and Carl

Tuesday 18th August 2020, 2pm - Rachael and Nicola

Thursday 3rd September 2020, 1.30pm - Rachael and Nicola

If you'd like to join any of these virtual catch ups, please email: involvement@solent.nhs.uk

Highlights



Portsmouth Learning Disability Service: responding and adapting to COVID-19

Take a look at how the team rapidly developed user-friendly materials that explained what was changing in their service, how people could continue to access support, and how they embraced digital innovations.

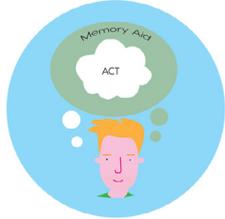
[Read the case study...](#)



Deadline for Dragons' Den – 14th August 2020

Applications are open for the next round of Solent Dragons' Den so if you have an idea or innovation that could improve Solent services, you could receive up to £10,000 to fund your idea. **The deadline for applications is 14th August.**

[Learn more about Dragons' Den...](#)



Dragons' Den Project: Pocket Therapy Memory Aids

Bethany was our first service user to win funding from the Solent Dragons' Den and with this grant, she produced a series of booklets designed to provide therapy themes "at a glance" and support people as they make therapy practices part of their day-to-day routines.

[Take a look at the Therapy Memory Aids...](#)

Opportunities to get involved

If you're interested in any of the following opportunities please let us know by emailing: involvement@solent.nhs.uk

Academy Virtual Conference, Thursday 24th September 2020

For our first digital conference, we would like to host a session focused on patients, people and our community, and how we work with you. This would be an opportunity for our Solent colleagues to understand how valuable and important it is to have patients involved in helping to improve their services. Obviously we cannot do this without you, so would love to hear from anyone who would like to be involved in delivering this session with us.

Communication and how to 'close the loop'

How should we share information with you? Across the Trust we generate a lot of material relating to Research, Quality Improvement, Clinical Effectiveness and Patient Involvement, and we would like to know what you think are the best ways of sharing this. Do you think videos are helpful, or are you a fan of an infographic? Let us know your thoughts.

Have you got a knack for knitting?



Knitting pattern designer, Claire Fairall, has created a free 'Little Dr Bear' knitting pattern that you can use to create your own bear which can be gifted as a thank you, or to help comfort someone. The bear design even comes complete with its own PPE!

We've already had two 'Little Dr Bears' join us here; these were made and donated by a group of wonderful people to help children feel more at ease during assessments.



If you would like to make your own 'Little Dr Bear', simply [download the template and get knitting](#). Once completed you can send it to Mia Wren at Adelaide Health Centre, Southampton, all creations will be thankfully received by the team.

Support available

For the latest information and guidance on Coronavirus from Solent NHS Trust, including updates, important visitor guidance, referrals for vulnerable people and health and well-being resources, [please visit the trust website](#).

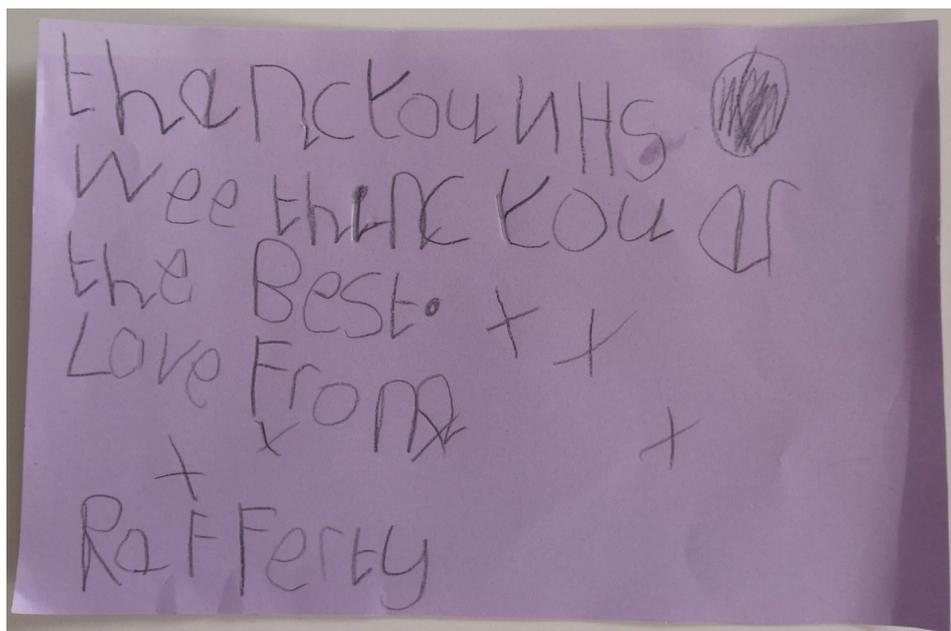
NHS Health at home

Due to the Coronavirus outbreak, how you contact your GP, nurse, or other GP surgery staff member has changed. The new [NHS Health at home webpage](#) aims to enable you to find the NHS help you need using your smartphone, tablet or computer. You can also find information about [online consultations with your GP](#), as well as [details of the NHS App](#) and what you can use it for.

Something to make you smile...

Twitter Post @Rebecca3

Academy Paediatric Research Nurse, Rebecca Cowan's son Rafferty, recently wrote this thank you note to the NHS. As Rebecca says: "My five year old son was sat quietly writing and then came and showed me this and said he needed an envelope to post it to my work! Having been out COVID swabbing all day, this was just so adorable!"



If you've seen something that you think would bring a smile to someone's face, let us know: involvement@solent.nhs.uk



[@solentacademy](https://twitter.com/solentacademy)



[/solentacademy](https://www.facebook.com/solentacademy)