

Development of a peer support app for NHS staff

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What's the problem?

The new normal...

Losing our peer connections and social capital...

From ad-hoc conversations to 'post-clinic chat'

Who's asking 'how are you today?'

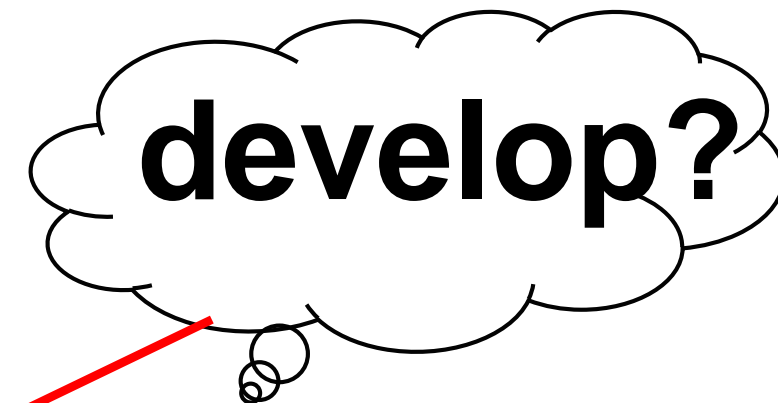


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What's the aim?



To find a moment to 'check-in' and a new way to connect with each other

To develop a mobile phone app that enables peer support, for individual and group wellbeing



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Who is it for?

Every Solent employee.



Honesty

- Courage
- Openness
- Trust
- Integrity



Everyone counts

- Voice
- Inclusive
- Supportive
- Recognition



Accountable

- Ownership
- Learning
- Empowerment
- Performance



Respectful

- Communication
- Self-awareness
- Person-centred
- Compassionate



Teamwork

- Leadership
- Collaboration
- Team Spirit
- Shared Purpose



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What is being made?

Mobile phone app for Android devices

App features:

- *Create your own profile*
- *Daily self check-in moment*
- *Display of individual wellbeing trend*
- *Instant messaging with people you know*
- *Instant messaging with new peer connections*
- *Generate service line reports about general wellbeing trends*

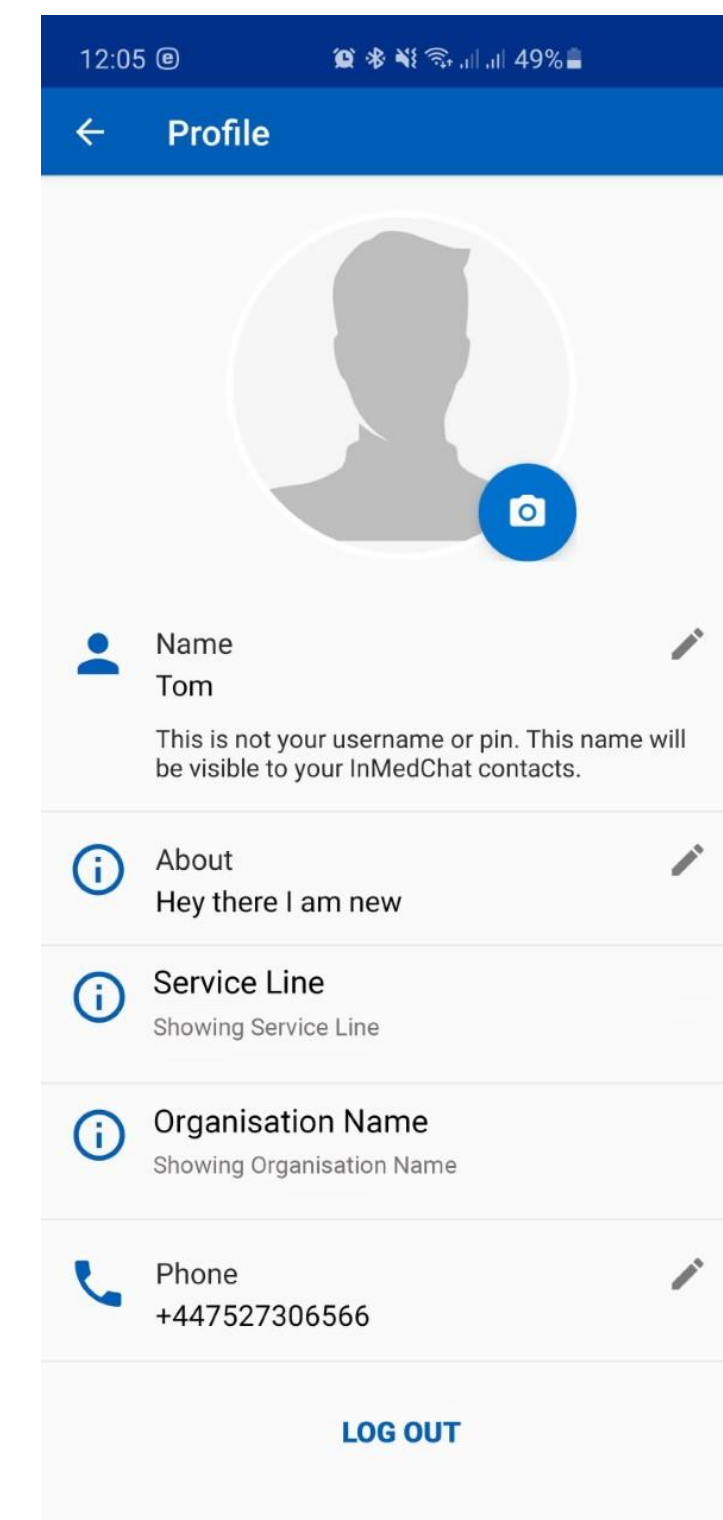
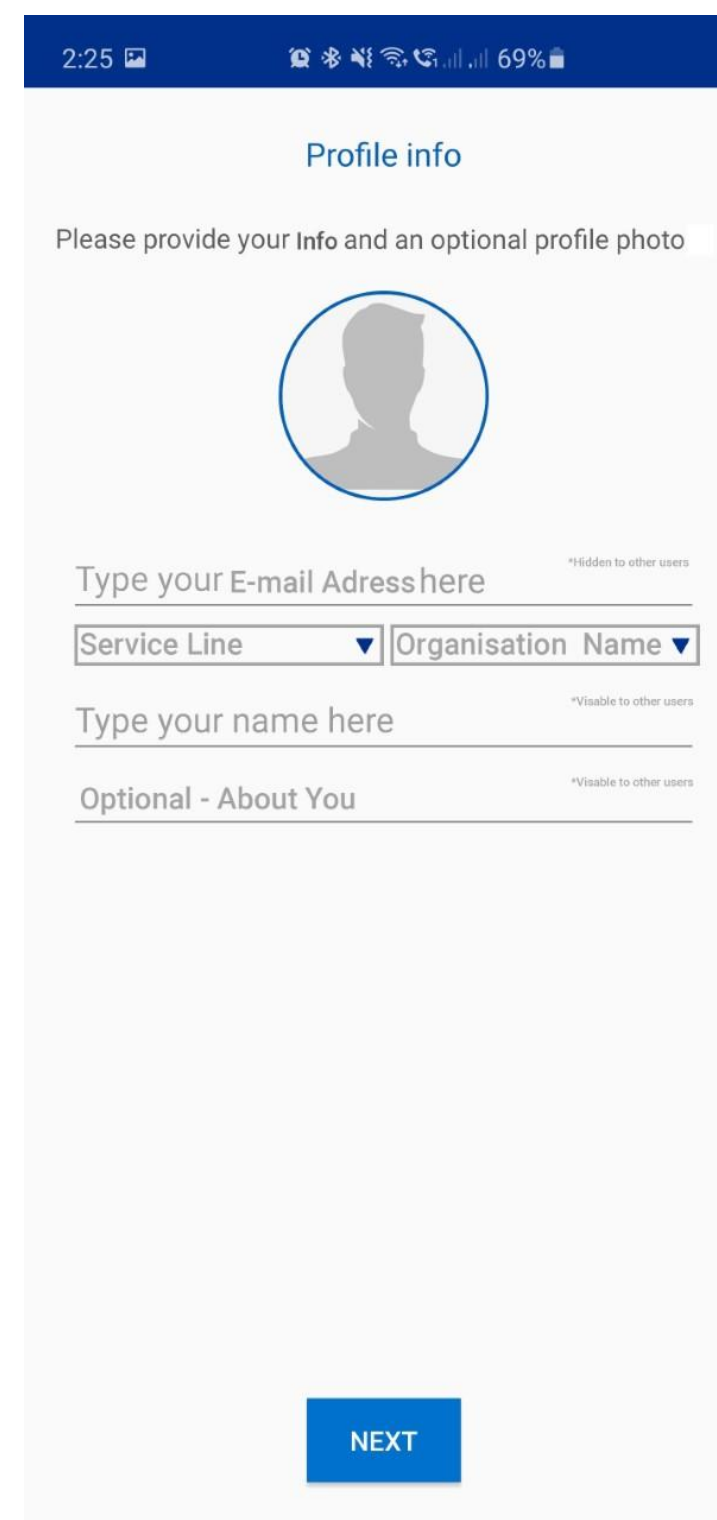
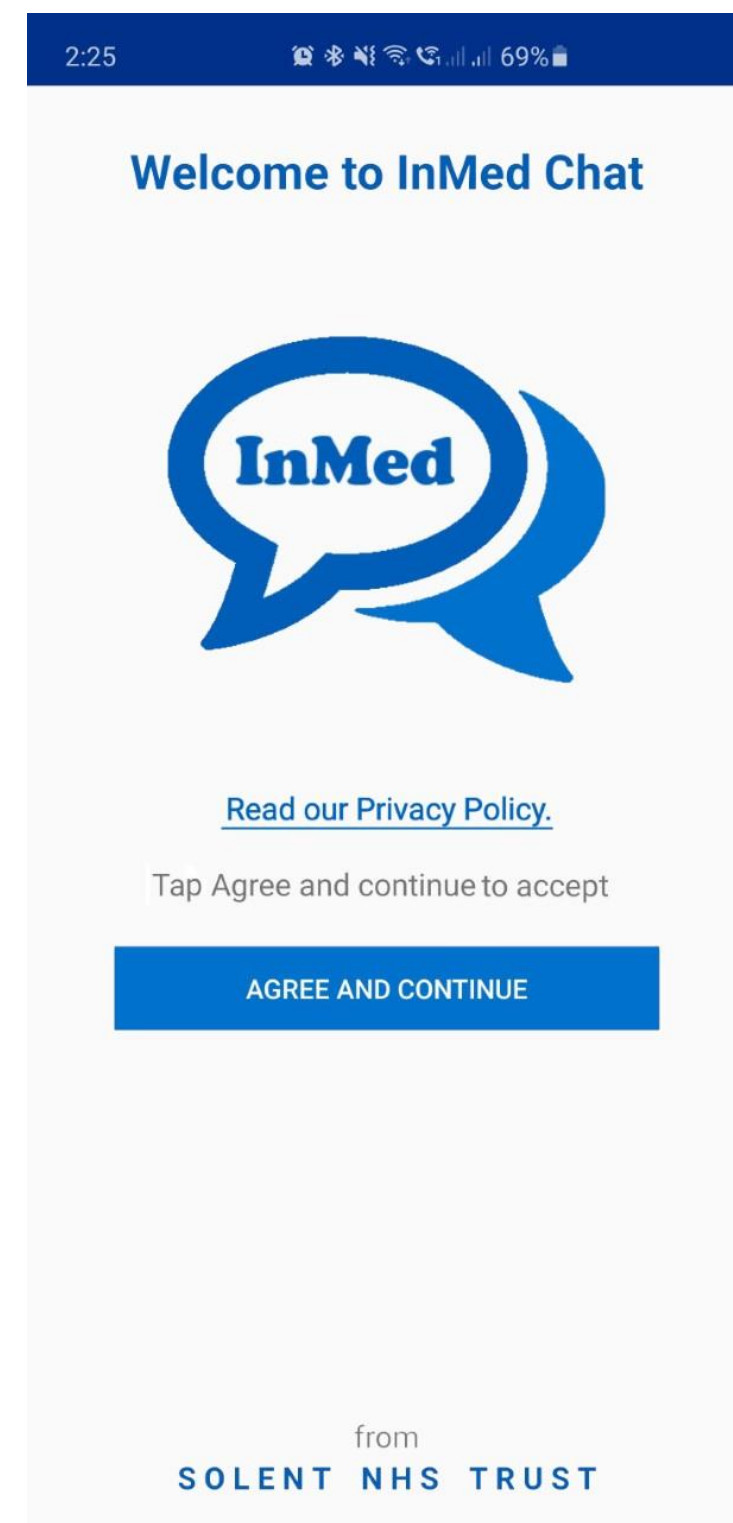
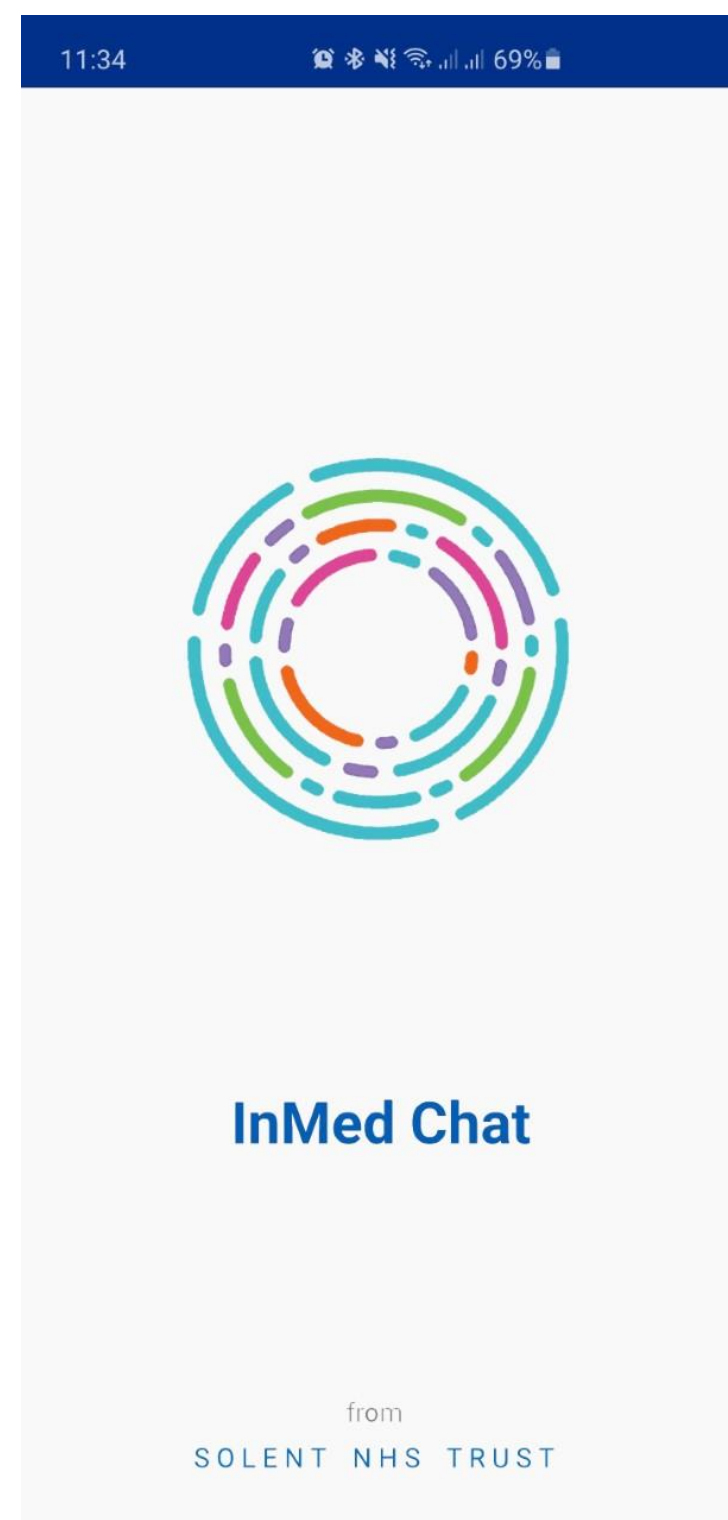


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For example...

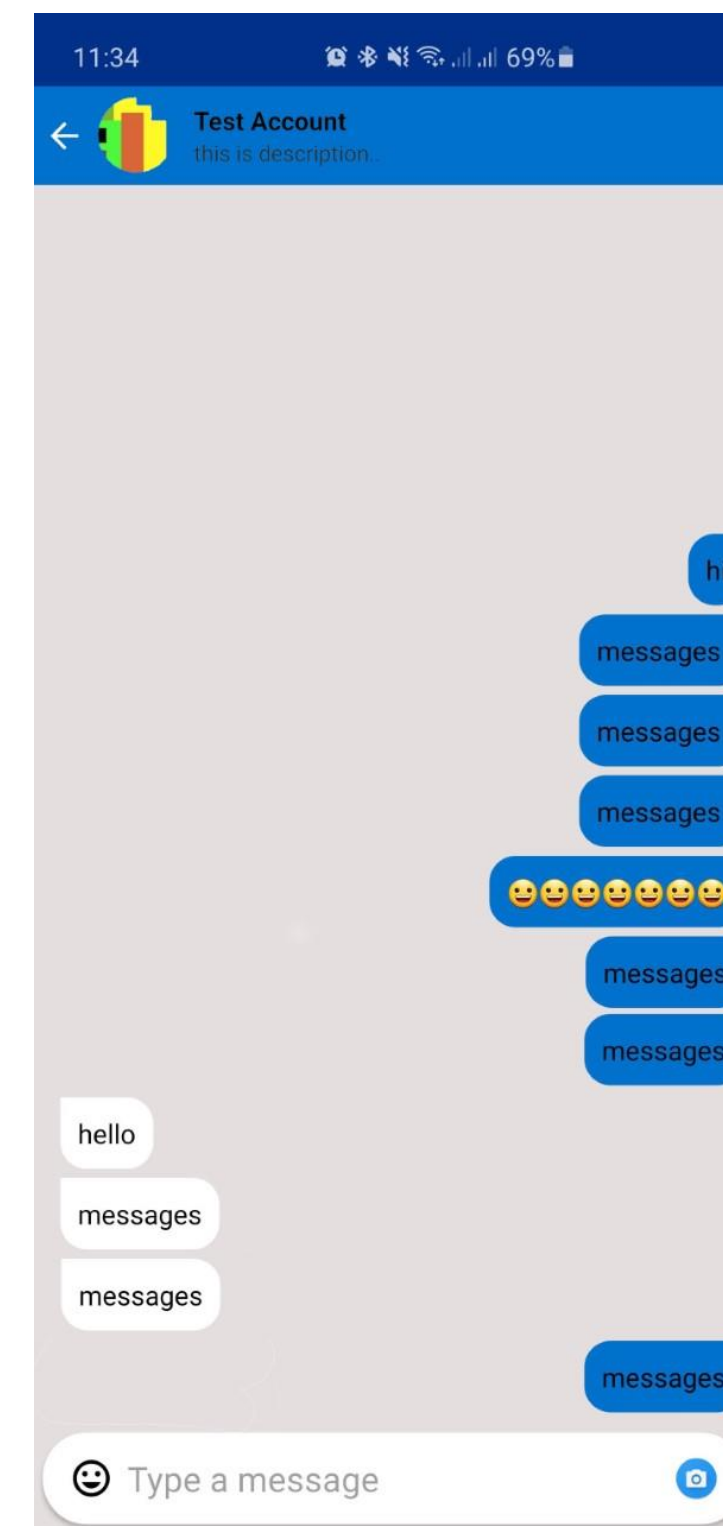
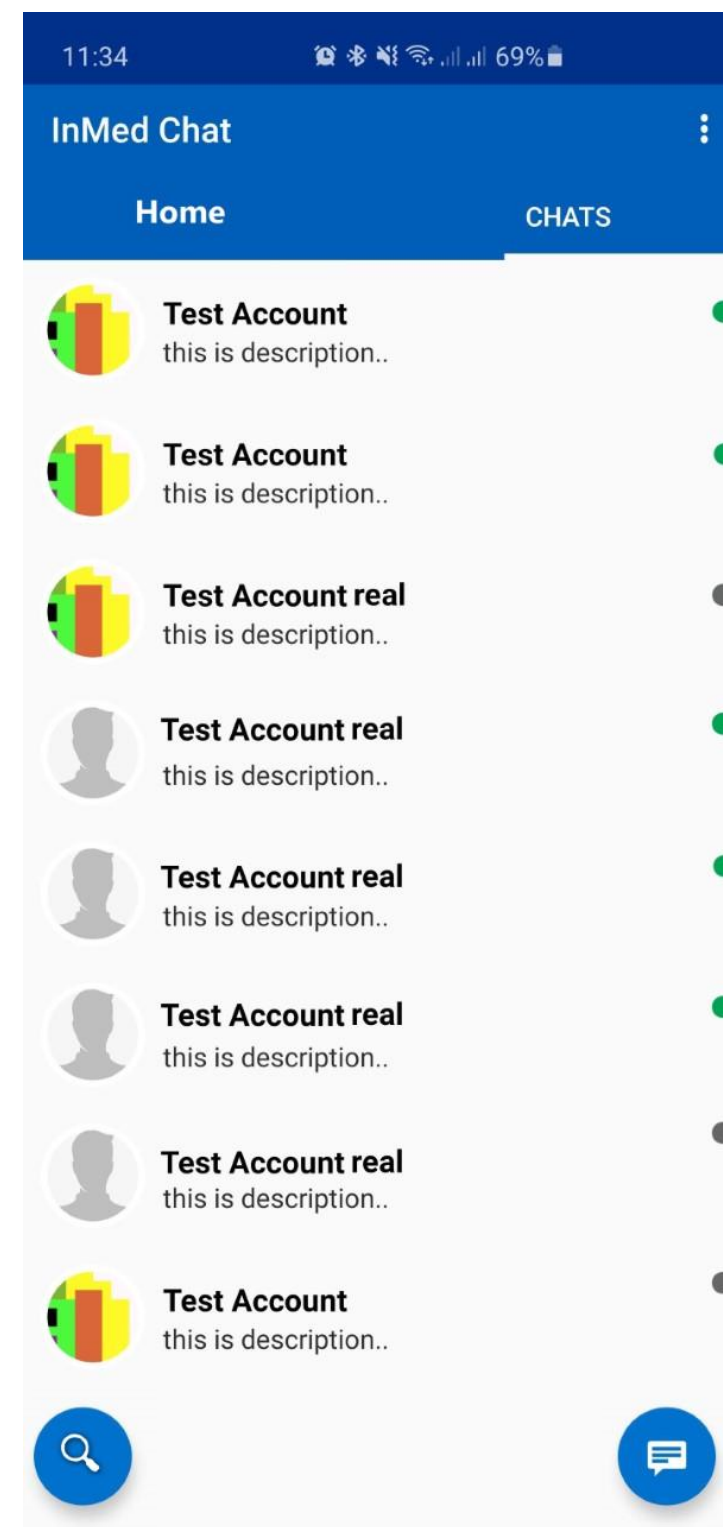
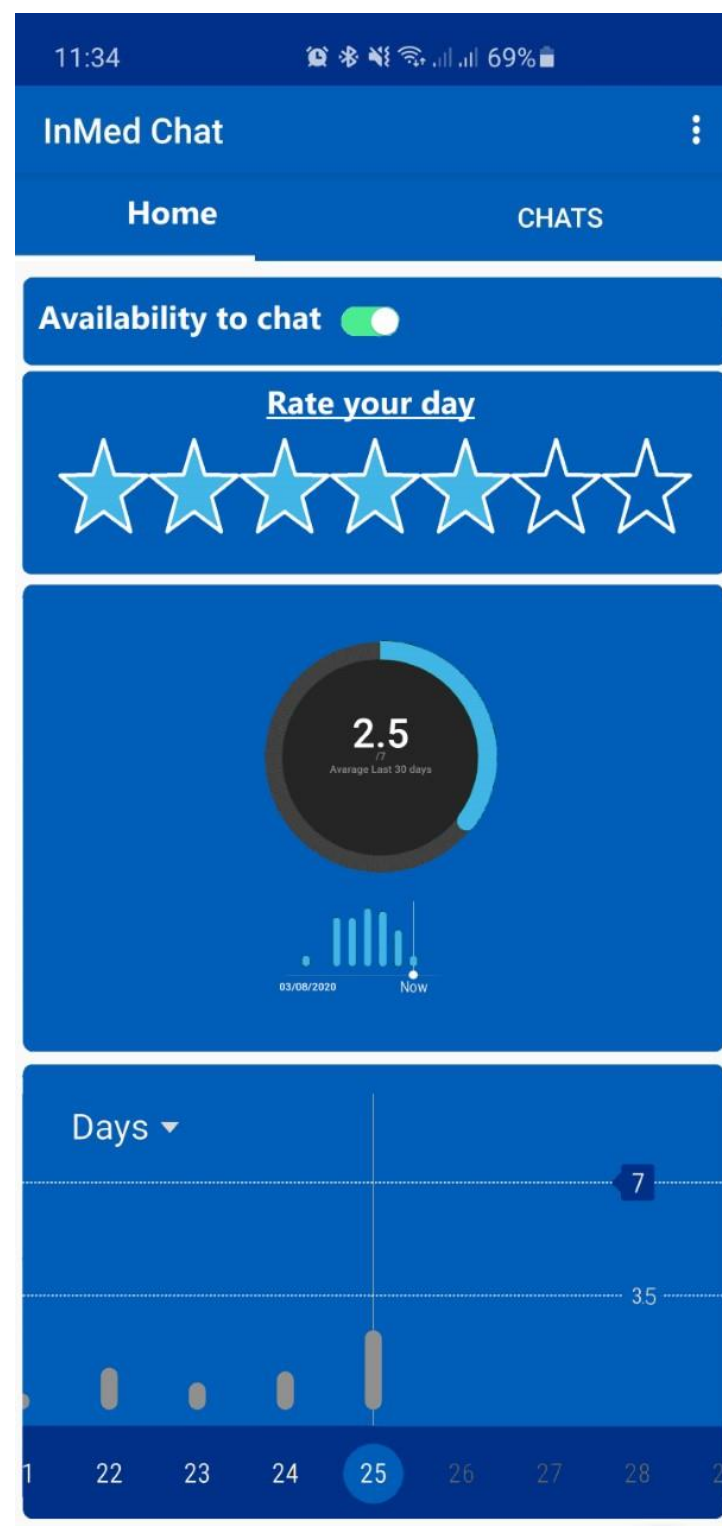
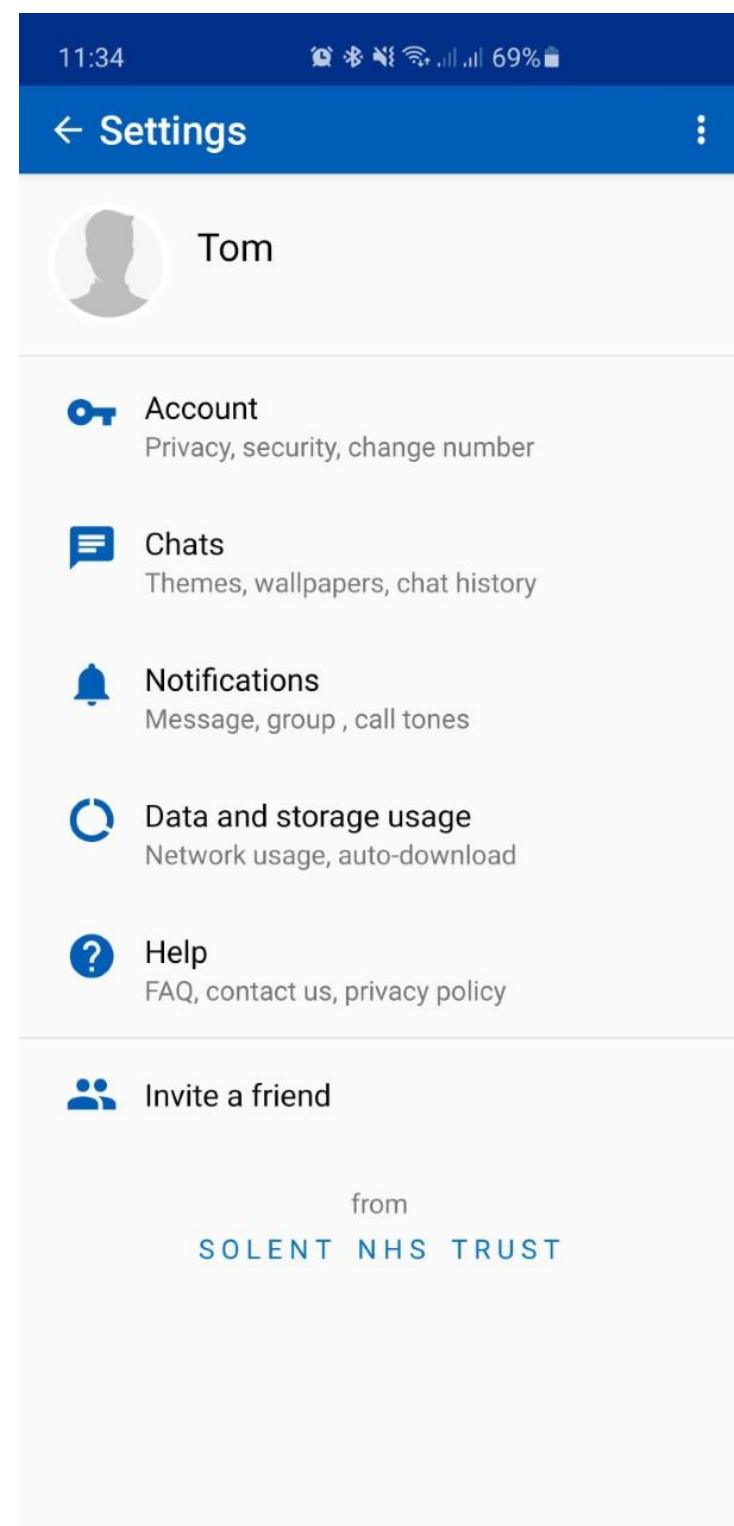


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For example...



Made with & for our staff community

What's in a name?

What three words?

What's my rating?



e Edge



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Over to you...

What would make you use this?

What would stop you from using this?

Would patient groups like to use something like this?

Any other feedback or questions?

When is it being launched?

... December 2020



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